

Offering Rent To Own!

QUALITY STORAGE BUILDINGS CUSTOMIZED TO YOUR NEEDS!

Teton STRUCTURES

**Garages • Sheds
Barns • Playhouses**

Quality Storage Buildings!
SEE OUR DISPLAYS AT
860 Country Rd. 140 • (307) 547-2349
(Just South of TA Truck Stop)
Wheatland • The General Store • Torrington • Buckaroo Motors
(307) 220-8139 • 615 South Greeley Hwy.
www.tetonstructures.com

EARN VALUABLE CASH BACK REWARDS ON every delicious meal purchased with the new rewards card at Los Amigos Mexican Restaurant, pick up your card today at 620 Central Ave.

CONCRETE PUMPING
Garage floors, driveways, chimney and brick repair, concrete finishing, asphalt paving and repair. Concrete Professionals, quality work at affordable prices and done right! Free estimates, licensed, insured. 307-631-4571.

STORAGE BUILDING SPECIAL, \$17,600: 40'x56'x12' post frame building, steel walk door, 12' slider, 2"x6" wallboards on 2' centers, #2 lumber on roof purlins and wallboards, eve trim, top and bottom closure strips, rat guard, 29ga colored metal, posts on 8' centers, 30lb/100mph pre-engineered trusses on 4' centers, delivered and constructed. For more options and design ideas, visit www.vapconstruction.com or call 866-492-1978.

FIREWOOD FIREWOOD
Pine firewood, cut, split and delivered in Cheyenne, \$175 per cord, \$145 per pickup load, stacking extra. 307-635-5280 days, Mon-Fri, 307-637-8502 evenings and weekends.

RESTORE, REFINISH OR PROTECT YOUR fence or deck with a stain and seal, scheduling now for spring! Borderline Fencing Inc, commercial, residential, ranch, free estimates, 307-286-8389. Licensed and insured. www.borderlinefencinginc.com

IT'S HAPPY HOUR! SPECIALS MON-FRI, 7am-9am and 3:30pm-6pm, come enjoy downtown Cheyenne's only men's club, topless dancers, 7 days a week, Mon-Sat 5pm-2am and Sunday 5pm-10pm. Check out our daily and nightly specials. The Green Door, 301 East Lincolnway, 307-634-4141.

HOSPITAL BED NO LONGER NEEDED, excellent condition. Please call 307-421-8415 anytime, Cheyenne.

ATTEND COLLEGE ONLINE FROM HOME: Medical, business, paralegal, accounting, criminal justice. Job placement assistance, computer available, financial aid if qualified. Call 800-510-0784 www.CenturaOnline.com

THE HANDYMAN CAN
Interior, exterior, painting, tile, subfloors, bathroom remodels, drywall repairs and more. Call Robert's Home Improvement today at 307-640-1864.

APPLIANCES: SERVICE, IN-HOME REPAIR, most makes and models. Parts: New and used pre-owned appliances. 90-day warranty, delivery available. Call and compare! A+ Charlies Appliances, your green appliance store, 307-634-5145, 415 W Lincolnway.

INSULATED WIRE \$2.50LB AND UP
For #1 MCM. Always paying top dollar for #1 and #2 insulated wire, Romex, cat wire, insulated aluminum wire, electric motors, lead batteries and scrap iron. CanMan Recycling, Tue-Thu, 9:30am-5:30pm, 722 West 22nd St, red building, 307-635-5891.

MOVE YOUR PORTABLE STORAGE BUILDING. 307-214-0705.

CHEYENNE HEALTH AND WELLNESS CENTER, full medical clinic, same day, next day appointments, walk-ins welcome, always taking new patients, Medicare and Medicaid patients welcome, all insurances accepted, Mon-Thu 8-7, Fri 8-5, 2508 East Fox Farm Rd, 307-635-3618.

WE PAY MORE FOR USED TRAVEL trailers, bumper pull or 5th wheels, 1992 and older, 25' and under. Lee's RV, 2215 S Greeley Hwy, 307-630-6991.

100S OF TVS & ARMOIRES
From major hotel, great condition. Cheap! Cheap! Cheap! Your purchases help local charities. Super-thrift, 2825 E Lincolnway, 307-634-1503.

CUB CADET 524WE 2-STAGE SNOW thrower, 208cc Cub Cadet OHV 4-cycle engine, 24" clearing width, 21" clearing height, all-wheel positive traction drive system, 6 forward, 2 reverse speeds, 4-way pitch control and chute rotation, in-dash headlight, list \$611.11. Call Adam, 307-638-4400.

• Accounting
• Payroll Services
• Year Round Tax Service
• Bookkeeping

Wyo Tax Lady
634-5005
Marcie Mallin, EA • 117 W. 17th St.
Call for an Appointment Today

East High School News

Brought to you in part by:
First Education Federal Credit Union
120 West Carlson Street

High Cuisine: Brazilian

Emily Piel
Thunderbolt

Cow tongue and chicken hearts, usually these are items of an animal that are thought to be thrown out when processed and prepared for shipping and sale. But in all reality these are items that are a part of people's daily meals. A Brazilian person's to be exact. Now, before you go gagging at the thought of eating a cow's tongue, I want you to think about the Nut fry that Cheyenne Frontier Days committees put on every year. It's a big fundraiser where the main dish is Rocky Mountain oysters. If there's anything to gag about, it's R.M.O.'s.

In Brazilian cuisine there are many different foods to look into and try. I can say for a fact that I've tried a chicken heart, and it's in my opinion, amazing; however it depends on where you get them. Elaina Summers, a member of the Cheyenne community grew up in Brazil and knows how to cook them! Along with Chicken hearts there is Cow tongue, chicken legs, chicken gizzards and the possibility of a whole chicken head.

Like the terrain of Brazil, its cuisine varies greatly, depending on the fresh crops available. Before Brazil was colonized by the Portuguese, all meat or poultry was smoked and then dried to add flavor but preserve it at the same time without a way to freeze or refrigerate the meat. When Brazil was colonized, coffee, pastries and dried fruit began to be a part of the Brazilian diet, along with corn, sweet potatoes and some fish for the Easter border of the

country. Along with that, most Brazilian's diet feature nuts, beer, and cookies some elementary aliments beans, coconut, dendi oil, codfish, rice, lemon, shrimp and manioc. A popular dish among many people from Brazil and residents there is a gumbo with shrimp, spices, a hint of cocoa and much more.

"I don't want to give away my recipe, but I have to say every time I've had company over and made that dish they've been pleased," said Elaina Summers, Brazil native and current Cheyenne resident. Brazilian cuisine combines two totally new food styles from Europe and Latin/South America to bring about a whole new style of cooking and food. In Brazil this is the Brigadeiro. The nation truffle of Brazil this is a simple sweet created in the 1940's and named after Brigadier Eduardo Gomes. When translated this dish means simply "Blackie". This truffle is often made at birthday parties and other gathering. "They're so good. My mom makes them sometimes, and my friends and I love it," said Katie Summers.

Brazilian cuisine is most definitely not a bust, and although you may not find it in a local restaurant here, or a high class one in New York City, when offered a taste of something from this country's high cuisine, you'd be missing out if you were to turn down the offer.



Brigadeiro



Chicken Heart Kebab



Cow Tongue

Ashley Barrowman
Thunderbolt

You wouldn't expect senior Michaela Goldfarb's 1993 Pontiac Bonneville to resemble the little boy from the Twilight Zone, but this car is full of surprises. One foul word directed at the car, and you may find yourself walking home. "Whenever someone insults him while we're driving, he will break down and die. Even if it's in the middle of the intersection," explains Michaela Goldfarb. "I can't even tell you how many times it's happened."

When Goldfarb was fifteen, she purchased her vehicle from the bank. "It was love at first sight," she recalls. After introducing the car to her friends, they collaborated and decided to name him Biskit. "We knew it was a he, and the name Biskit just came to us. Weird spelling and all," laughs Goldfarb.

However, not all of their memories are necessarily as happy. Looking at the front of the car, your eyes are immediately drawn to the right headlight that's shattered due to an extensive amount of accidents. "Biskit has been in two hit-and-runs, ran into a truck at IHOP, and hit a pole in the East High School parking lot," Goldfarb recalls. Oddly enough, the car's right headlight is the only damaged spot from the accidents. "He's a fighter."

While the headlight may be the only visible damage from the outside, the destruction leaks inside the car as well. Trash overpowers every surface of the car, aside from the driver's seat. From old assignments to fast food wrappers, every surface of the car, aside from the driver's seat is occupied, so good luck trying to find a seat. On top of that, the lever used for turn signals and window wipers doesn't work, forcing Goldfarb to use hand

signals. Well, only when she doesn't feel like keeping other drivers on their toes. But, the mess and mutilation of the vehicle is here to stay. "I think he likes being dirty, and it doesn't bother me. It just fits," she clarifies.

It's easy to see Goldfarb and Biskit share a rare bondage between car and owner. An eight-letter word that frightens most high school students is the way she characterizes their relationship, marriage. "I proposed to him one night. I got down on one knee and everything," said Goldfarb. "We'll be together forever." She's using her senior class ring to symbolize the bondage and will be kept in the car at all times.

Just like the wedding vows state, 'til death do Michaela Goldfarb and her car part, and in their case, not even then. "I plan on being buried in that car," she proclaims. Through sickness, and through health, you'll see these two together for life.



Banking Any Time Any Where

To help you manage your finances with ease we offer:

- 3,398 Shared Service Centers throughout the continental United States, Alaska and Hawaii
- FREE 24/7 Online Banking & Bill Payer
- FREE Text & Mobile Banking

FIRST EDUCATION FEDERAL CREDIT UNION
Where the future starts today.

Serving our Education Community Since 1947. Plus, anyone who lives or works in Laramie County can join First Education Credit Union.

307.432.7400 | www.firstedfcu.org | 120 West Carlson Street | Cheyenne



Bart's Flea Market of Cheyenne



Corner Cabinet Shelf
\$45

Wood & Glass
Octagonal End Table

Child's Life Size Kitchen Cabinet
\$85

\$30



1950s Chrome Kitchen Table
\$45

Double Saddle Rack
\$65

"Nice" 1950s-1960s Vintage Maytag Washer - Works!
\$269⁹⁵

Hand Tinted J.E. Stimson Photo
\$475

Cheyenne's Oldest & Largest Flea Market

OPEN 7 DAYS A WEEK
Mon.-Sat. 10-6 • Sunday 12-5

307- 632-0004
415 W. Lincolnway

